

## Coordinated Care Planning Patient Information Sheet

### What is a Health Link?

A Health Link is a local health care network consisting of patients, caregivers, health care providers and community support agencies who are committed to working better together to improve the health outcomes for patients with complex health care needs (Frail/Elderly, Palliative, Mental Health and Addictions).

Through enhanced collaboration among Health Link partners, patients with complex health care needs, along with their health care providers, will develop individual care plans that more effectively meet their goals and ensure smoother transitions between care providers.

### What is a Coordinated Care Plan?

A Coordinated Care Plan is a written or electronic plan that is created and maintained by the patient and his or her family, the health Care Team including physician and nurse practitioner consultants where appropriate and community services. It outlines the patient's short and long-term needs, recovery goals, and coordination requirements and it identifies who is responsible for each part of the plan (e.g. the primary care provider, Care Team, patient, etc.).

### How will this Benefit me?

When you have a Coordinated Care Plan, your journey through the health care system will be improved through more effective communication with your health care providers and more involvement in decision making. By having a Coordinated Care Plan, you will benefit by not having to continuously repeat your health story or answer the same questions every time you require care.

### Consenting to a Coordinated Care Plan

In order to develop a Coordinated Care Plan, you will be asked to sign a consent form which will allow your caregivers, health care providers and community services providers to communicate and collaborate regarding your care. Those individuals and/or organizations involved in your care that are chosen by you will be able to collect, use and share your personal health information.

### Protecting Your Privacy

Your personal health information is important to us. Any personal health information collected through this process will be held in confidence by the participating organizations and maintained securely in accordance with the *Personal Health Information Protection Act* (PHIPA).