

## What does the Health Links approach aim to achieve?

The goal of the Health Links approach to care is to create **seamless care coordination for patients with complex needs**, by ensuring each patient has a Coordinated Care Plan (CCP) and ongoing care coordination.

The Health Links approach to care encourages health and social service providers to work together more closely in order to coordinate care with patients and their families.

## What are the benefits to patients?

The Health Links approach to care provides many benefits for patients living with complex chronic conditions, including:

- Care being focused on the patient's goals
- Providers having a consistent understanding of their patients' conditions
- Easier navigation of health care services
- Patients feeling more supported in their health care journey, having fewer visits to hospitals, and focusing on improved quality of life.

# HealthLinks

## Who are we?

Cochrane Family Health Team

District of Cochrane Social Services Administration Board, Housing and Paramedic Programs

Ininew Friendship Centre

Iroquois Falls Family Health Team

MICs Group of Health

Minto Counselling Centre

Misiway Milopemahtesewin Community Health Centre

North East LHIN Home and Community Care

Canadian Red Cross

South Cochrane Addiction Services

Wahgoshig First Nations



# HealthLink

MICs Health Link

Let's Make Healthy Change Happen



## What is a Health Link?

A Health Link is designed to bring together your care providers to help you and your care team manage your health care needs and coordinate your care with a Coordinated Care Plan (CCP). A care provider may talk to you about developing a Coordinated Care Plan or you may decide on your own that you would like to have one.

## What is a Coordinated Care Plan?

A Coordinated Care Plan documents your own health care goals and plans for your care. This Coordinated Care Plan ensures that your care team will have the most up to date information and can coordinate the best care for you. The Coordinated Care Plan also includes important information such as who to contact if you have questions about your health care.

## How will Health Link Benefit you?

Your care team will help to navigate the health system and will be your care partner, resource, and primary point of contact.

Your Coordinated Care Plan will enable your care team to work towards the health goals that matter to you and will ensure that your needs/goals and your services are very clear to everyone involved in your care.

## What is the role of my Health Link Care Team?

Your care team will work with you to understand your unique health care needs. The care team will help to arrange resources and supports, and work closely with your health care provider and other members of your care team.

The care team will ensure that your personal goals related to your health are well understood, and then develop with you an individualized Coordinated Care Plan to support you and your caregiver in achieving these goals/needs.

## What is my role in Health Link?

To be an active partner in managing your health care and reaching your goals. Know who is involved in your care, how to contact them, and how they support your Coordinated Care Plan.



To Find out more visit the Ministry of health long-term care's website:

[http://www.health.gov.on.ca/en/ms/ecfa/healthy\\_change/healthlinks\\_faq.aspx](http://www.health.gov.on.ca/en/ms/ecfa/healthy_change/healthlinks_faq.aspx)